Type-I Interferon Receptor Deficiency Reduces Lupus-like Disease in NZB Mice

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Abstract

Indirect evidence suggests that type-I interferons (IFN-α/β) play a significant role in the pathogenesis of lupus. To directly examine the contribution of these pleiotropic molecules, we created congenic NZB mice lacking the α-chain of IFN-α/βR, the common receptor for the multiple IFN-α/β species. Compared with littermate controls, homozygous IFN-α/βR-deleted NZB mice had significantly reduced anti-erythrocyte autoantibodies, erythroblastosis, hemolytic anemia, anti-DNA autoantibodies, kidney disease, and mortality. These reductions were intermediate in the heterozygous-deleted mice. The disease-ameliorating effects were accompanied by reductions in splenomegaly and in several immune cell subsets, including B-1 cells, the major producers of anti-erythrocyte autoantibodies. Decreases of B and T cell proliferation in vitro and in vivo, and of dendritic cell maturation and T cell stimulatory activity in vitro were also detected. Absence of signaling through the IFN-α/βR, however, did not affect increased basal levels of the IFN-responsive p202 phosphoprotein, encoded by a polymorphic variant of the Ifi202 gene associated with the Nba2 predisposing locus in NZB mice. The data indicate that type-I IFNs are important mediators in the pathogenesis of murine lupus, and that reducing their activity in the human counterpart may be beneficial.

Key words: autoimmunity • hemolytic anemia • ifi202 • B-1 cells • dendritic cells

Introduction

Type-I and -II IFNs, initially identified on the basis of their anti-viral properties, are now known to have multiple effects on the immune system, affecting differentiation, proliferation, and survival of B, T, and NK cells, macrophages, and dendritic cells (DCs),* and the production of, and signaling by, other cytokines (for reviews, see references 1 and 2). These molecules have, therefore, received considerable attention with regard to their roles in autoimmune diseases, including systemic lupus erythematosus (SLE).

The participation of IFN-γ, the only known type-II IFN and the main cytokine produced by Th1 cells, in lupus pathogenesis has been inferred in humans and unequivocally demonstrated in mice (for a review, see reference 3). The most significant findings are disease inhibition in (NZBxNZW)F1 and MRL-Fas−/− mice lacking the IFN-γ or IFN-γR genes (4–7), and in MRL-Fas−/− mice treated with either soluble recombinant IFN-γR (8) or an IFN-γR/Fc-encoding plasmid (9).

The role of type-I IFNs (IFN-α/β) in lupus has also been investigated, but these studies have been limited by the complexity of this family of molecules (>15 IFN-α, 1 IFN-β) and the lack of broadly reacting Abs. Nonetheless, increased serum IFN-α levels in SLE patients correlating with disease activity has long been known (10), and IFN-α treatment of individuals with viral infections or tumors frequently resulted in SLE-like manifestations (11). The observation that Ab–DNA complexes stimulate production of IFN-α by plasmacytoid DCs, a cell population often found in SLE skin lesions and lymph nodes, is also potentially relevant (12). More importantly, a recent study (13) provided...
strong evidence that IFN-α in the serum of lupus patients is responsible for monocyte differentiation into antigen-presenting DCs, suggesting a major initiating mechanism of the autoimmune process. Experiments using mouse models of lupus that could further support the role of type-I IFNs in this disease are also limited. Early studies showed that the IFN-α/β inducers poly (I:C) accelerated autoimmunity in (NZBxNZW)F1 mice (14), and renal disease induced in normal mice by viral infection was inhibited with anti-IFN Abs (15). Of interest, IFN-α/β genes are located on chromosome 4 within the boundaries of several NZ lupus susceptibility loci, including Sle2, Nha1/Lbw2, Spm-1, and Aem-1 (for a review, see reference 16).

In this study, we directly evaluated the role of IFN-α/β in the lupus-like disease of NZB mice by creating congenics lacking IFNAR-1, the α-chain of the common receptor for type-I IFNs. Homozygous and even heterozygous IFN-α/β-deleted mice had significantly reduced serologic, cellular, and histologic disease characteristics, conclusively demonstrating that type-I IFNs are important mediators in this disease.

Materials and Methods

**Mice.** Female New Zealand Black (NZB) and BALB/c mice were obtained from the Scripps Research Institute breeding colony (La Jolla, CA). Breeding of NZB mice lacking the α-chain of the IFN-α/β (IFNAR-1, encoded by the Ifnar1 gene) was initiated at Genentech, Inc. by backcrossing with the previously described Ifnar1-deleted 129Sv mouse (17), and further backcrossed with NZB mice at Scripps. The Ifnar1 gene is located on the distal segment of chromosome 16, where no NZB disease-predisposing locus has been identified by genome-wide studies (for a review, see reference 16). Marker assisted selection was used to obtain mice homozygous for all the NZB predisposing Lbw loci on chromosomes 1, 4, 5, 7, 17, and 19 by the N4 generation. The studies presented herein used homozygous IFN-α/βR gene KO, heterozygous (HT), and WT littermate controls generated by intercrossing mice of at least the N6 generation of backcrosses.

**Direct Coomb’s Test.** Mice were bled bimonthly from 6 to 12 mo of age. RBCs were diluted 1:1,000 in PBS-1.5%BSA and 100 μl incubated in U-bottom plates with 10 μl of goat anti-mouse IgG (Southern Biotechnology Associates, Inc.) at a final concentration of 0, 1, and 10 μg/ml. After 2 h at 37°C, plates were centrifuged and wells scored for agglutination.

**Serologic Analysis.** Serum levels of IFN-α before and after intraperitoneal injection of 100 μg poly (I:C; Sigma-Aldrich) were determined using an ELISA kit with a sensitivity of ~5 pg/ml (PBL Biomedical Laboratories). Serum Igs and autoantibodies (anti-dsDNA and anti-sDNA) were assessed by ELISA, as described previously (18). Microtiter plates were coated either with 5 μg/ml Fc-specific F(ab')2 goat anti-mouse IgG (Jackson ImmunoResearch Laboratories), 5 μg/ml anti–mouse IgM (Southern Biotechnology Associates, Inc.), 25 μg/ml calf thymus dsDNA, or 25 μg/ml ssDNA. Total bound IgM or IgG, and IgG subclasses were measured by alkaline phosphatase-labeled goat anti-mouse Abs (Caltag Laboratories) and compared with a standard serum (Bethyl Laboratories).

**ELISPOT.** The frequency of B cells secreting total IgM, total IgG, and anti-DNA Abs was determined as described (19).

**Histology.** Autopsies and histologic examinations were performed at 12 mo of age, as detailed previously (20). Tissue sections were fixed in zinc formalin and stained with periodic acid-Schiff (PAS) or snap-frozen in OCT for immunofluorescence. Severity of glomerulonephritis (GN) was determined by analyzing >50 representative glomeruli graded blindly on a 0 to 4 scale: 0 = no pathology, 1 = minimal mesangial thickening, 2 = noticeable increases in both mesangium and glomerular cellularity, 3 = the preceding features plus inflammatory exudates and/or capsular adhesion, and 4 = obliteration of glomerular architecture involving >70% of glomeruli; a score ≥ 2.0 was considered pathologic. For immunohistochemistry, kidney sections were air-dried, fixed in ice-cold acetone, blocked sequentially with 10% horse or goat serum and an avidin/biotin blocking kit (Vector Laboratories), and incubated either with anti-IgG-FITC (Vector Laboratories), anti-CD3-biotin, anti-B220-biotin, anti-I-A^d-biotin, anti–ICAM-1 (all from BD Biosciences), anti-F4/80-biotin (Caltag Laboratories), anti-MCP-1 (Santa Cruz Biotechnology, Inc.) and, when required, with biotinylated secondary Abs (Jackson ImmunoResearch Laboratories). Sections were then incubated with streptavidin horseradish peroxidase (Vector Laboratories), developed with a peroxidase substrate AEC kit (Vector Laboratories), and counterstained with Mayer’s hematoxylin.

**Antibodies and FACS® Analysis.** mAbs to B220, GR-1, CD43 (S7), IgD, CD21/35, CD4, CD8, CD5, CD23, CD44, CD69, CD25, CD11b, CD11c, CD40, CD80 (B7.1), CD86 (B7.2), I-A^d, H-2K^d, erythrocytes and precursors (TER-119), IFN-γ, and annexin-V (AV) were purchased from BD Biosciences. Abs to IgM and macrophages (F4/80) were from Caltag Laboratories. Cy3-conjugated streptavidin was from Jackson ImmunoResearch Laboratories, and biotin-conjugated anti-IgG from ICN Biomedicals. For cell surface staining, cells were incubated with various combinations of mAbs and analyzed on a FACSCaliburTM (Becton Dickinson). Calibration and color compensation were performed using fluorescent beads and single color controls, per standard procedures (Becton Dickinson). For intracellular staining of IFN-γ, spleen cells were first stimulated with PMA and ionomycin and then incubated with Brefeldin A to inhibit intracellular protein transport, as described (9). These cells were then stained with mAb to CD4 and CD8, fixed in formaldehyde, resuspended in Saponin buffer containing 1 μg anti-IFN-γ Ab, and analyzed by FACS®.

**In Vivo and In Vitro Proliferations.** For in vivo assessments, mice received autoclaved drinking water containing 0.8 mg/ml BrdU (Sigma–Aldrich) prepared fresh every 2 d for 9 d, and spleen cells were stained for various surface-markers and then for BrdU incorporation (BrdU Flow Kit; BD Biosciences). For in vitro proliferation, spleen, or peritoneal cells were incubated for 72 h in complete medium containing either 5 μg/ml LPS (Sigma–Aldrich), 10 μg/ml anti-CD40 plus 1,000 U/ml IL-4 (both from BD Biosciences), 5 μg/ml ConA (Sigma–Aldrich), or 5 μg/ml anti-CD3 (BD Biosciences), and [H]-Thymidine incorporation was measured.

**T Cell Homeostatic Proliferation.** Carboxyfluorescin-diace-tate-succinimidyl-ester (CFSE)-stained whole LN cells (5 × 10^4) from 2–3 mo-old mice were infused into age-matched NZB mice rendered lymphopenic by sublethal irradiation (600 rads) 1 d before (21). On days 3, 5, 8, and 14 after transfer, LN cells were stained with anti-CD4 and anti-CD8 Abs, and CFSE intensity profiles were defined by FACS®.

**B Cell Apoptosis.** Spleen cells (10^6/ml) from 2-mo-old WT and KO mice were incubated with 10 μg/ml of purified F(ab')2 goat anti-mouse IgM (Jackson ImmunoResearch Laboratories)
responses to microbial and other stimuli, resulting in higher type-I IFN production.

Immunopathology. To directly explore the role of IFN-α/β in lupus pathogenesis, we created NZB mice lacking a functional IFN-α/βR. Disease characteristics were dramatically reduced in these mice (Figs. 2 and 3). First, KO mice had significantly greater survival than WT littermate controls (Fig. 2 a), i.e., by 12 mo, 45% of WT mice had succumbed compared with none of the KO mice (P = 0.015), while the mortality of heterozygous (HT) animals was intermediate (11%).

Second, hemolytic anemia, the main pathological manifestation of NZB mice, was remarkably reduced in IFN-α/βR KO and, to a lesser degree, in HT mice, as shown by both incidence and levels of anti-RBC Abs. Thus, 33% of WT mice were positive by direct Coomb’s test at 6 mo, 78% at 8 mo, and 100% at 10 mo, while no KO mice were positive at 8 mo, and only 27% at 10 and 12 mo (Fig. 2 b). Furthermore, the amount of IgG autoantibodies bound on the surface of RBCs was significantly lower in KO and HT mice at 10–12 mo (Fig. 2 c). The degree of compensatory extra medullary erythropoiesis, another indication of the severity of hemolytic anemia, was also significantly reduced (Fig. 2 d), i.e., WT mice had marked expansion of splenic erythroblasts (28%), while KO mice had only 5% (P = 0.02) and HT mice 9% at 12 mo.

Third, kidney disease, although generally not very severe in NZB mice, was clearly ameliorated in KO mice. Kidney sections of 12-mo-old KO mice revealed significantly lower glomerular scores (1.8 ± 0.3 vs. 2.5 ± 0.4, P < 0.05) and IgG deposits (Fig. 3) than age-matched WT littermates. Substantially reduced PAS-staining material in glomeruli and reduced mesangial proliferation were also observed. Immunohistochemical analysis indicated absence of B220+ B cells and CD3+ T cells in both types of mice. However, the frequency of infiltrating F4/80+ macrophages, and expression of MCP-1, class-II MHC, and intercellular adhesion molecule (ICAM)-1 were reduced in KO mice (data not depicted).
Polyclonal and Anti-DNA Ig Levels and Ab Forming Cells. At 8 mo, KO and WT mice had similar serum levels of total IgM and IgM anti-ssDNA and anti-dsDNA Ab (Fig. 4, a and b), although there were fewer spontaneous IgM-secreting polyclonal and anti-DNA Ab forming cells (AFCs) in the spleen of KO mice (Fig. 5). The reasons for the nonconcordance between serum IgM levels and frequency of IgM-secreting cells in the KO mice remain to be clarified, but such a dissociation has been previously observed by us (unpublished observations) and others (28, 29), and attributed to independent B cell homeostasis and/or IgM catabolism. Polyclonal IgG subclasses were significantly lower in the serum of KO mice (Fig. 4 a), as were the levels of Abs to ssDNA (several subclasses) and dsDNA (primarily IgG2a; Fig. 4 b). Marked reductions in the frequency of spontaneous spleen AFC secreting total and anti-DNA IgG were also detected (Fig. 5).

Spleen, BM, and Peritoneal Cell Populations. IFN-α/βR deficiency was associated with a 2–3-fold decrease in the number of splenic T cells, B cells, and macrophages, consistent with the reduction of average spleen weights in 12 mo-old KO mice to about half that of WT animals (P < 0.002, Table I). The overall proportions of the various cell subsets were, however, unaffected, with a slight increase in the frequency of splenic F4/80+ macrophages being attributed to the reduction of erythroblasts. Also, there was no difference in the frequency of regulatory CD4+CD25+ cells, or activated/memory (CD44hi) splenic CD4+ and CD8+ T cells. Significantly, however, the frequency of activated splenic B cells (CD19+CD69+) in KO mice was reduced ~2-fold compared with WT mice (14.5 ± 1.2% vs. 27.6 ± 5.7% in KO mice).
26.2 ± 5.0%, \( P = 0.002 \)), consistent with decreases in both polyclonal and autoantibody IgG. At 2–3 mo of age, WT and KO mice were similar in phenotypic characteristics and percentages of marginal zone (CD23\(^{low}\)CD21\(^{high}\), 23 ± 1.9%) and follicular (CD23\(^{high}\)CD21\(^{int}\), 42 ± 7.8%) B cells, i.e., KO mice retained the reduced CD23 expression and the expanded marginal zone B cell population typical of NZB mice (30). Similarly, BM analysis showed that B cell development was unaffected in IFN-\(\alpha/\beta R\) KO mice, with no difference in the proportions of pro- (B220\(^{+}\)CD43\(^{+}\)IgM\(^{+}\)), pre- (B220\(^{+}\)CD43\(^{+}\)IgM\(^{+}\)), or immature (B220\(^{+}\)IgM\(^{+}\)IgD\(^{+}\)) B cells compared with WT mice (data not depicted). In contrast, splenic and, particularly, peritoneal B-1 cells, considered a major source of autoantibodies to RBC (31, 32), were significantly reduced in KO mice to levels similar to nonautoimmune BALB/c mice (Table I and Fig. 6).

**In Vitro and In Vivo Proliferation of Spleen and Peritoneal Cells.** In vitro proliferation of splenic B cells (mostly B-2) after LPS stimulation, and of peritoneal B cells (mostly B-1) after stimulation with either LPS or anti-CD40 plus IL-4, was significantly reduced in KO mice (Table II). Proliferation of splenic T cells stimulated with ConA or anti-CD3 was, however, equivalent in KO and WT mice. In vivo turnover (proliferation), assessed at 12 mo of age by long-term BrdU administration, was significantly reduced in KO mice.

**Figure 4.** Serum concentrations of (a) polyclonal Ig and (b) anti-ss and dsDNA autoantibodies. BALB/c mice (a pool of 3 individuals) and IFN-\(\alpha/\beta R\) WT (\( n = 8 \)) or KO (\( n = 7 \)) NZB mice were analyzed at 10–12 mo. Bars indicate mean ± SE; *\( P < 0.05 \).

**Figure 5.** Frequency of splenic polyclonal Ig and anti-DNA AFCs. ELISPOT results for total IgM, total IgG, and corresponding anti-dsDNA or anti-ssDNA AFC in 12-mo-old BALB/c and IFN-\(\alpha/\beta R\) WT or KO NZB mice are depicted. Data result from two separate experiments and each dot represents a single mouse. In all measurements, \( P < 0.0001 \) for WT vs. KO or BALB/c mice.
mice for B-1, B-2, and CD8+ (but not CD4+) T cells (Fig. 7 a). Homeostatic T cell proliferation, mediated by recognition of self-MHC/peptide ligands (33) was also assessed by adoptive transfer of CFSE-stained LN cells from WT or KO mice into sublethally-irradiated (lymphopenic) WT NZB hosts. Marked reductions in the percentage of KO CD8+ T cells and, to a lesser extent, CD4+ T cells, that had undergone one or more divisions compared with WT T cell subsets, were observed (Fig. 7 b).

IFN-γ-producing T Cells. Signaling via the IFN-α/βR is thought to promote induction of IFN-γ (1). Therefore, we investigated whether deletion of this receptor led to decreases in IFN-γ-producing T cells. Indeed, KO mice had a significant reduction in IFN-γ-expressing CD4+ (10.6 ± 2.8% vs. 20.4 ± 1.7%, P = 0.01) and CD8+ (18.1 ± 2.1% vs. 36.0 ± 4.7%, P = 0.003) T cells compared with WT mice.

Anti-IgM-mediated Apoptosis. Previous studies indicated that NZB B cells are defective in BCR-mediated apoptosis (22). Because IFN-α/β were shown to inhibit B cell apoptosis (34–36), we investigated whether this apoptosis defect was corrected in the IFN-α/β KO mice. Susceptibility to apoptosis induced by IgM-cross-linking was, however, equivalent for KO and WT B cells.

Figure 6. Frequency of peritoneal B-1 cells. Representative density plots of total peritoneal lymphocytes are shown, with numbers indicating percentages (mean ± SE) of gated B220+CD5+ cells in 12-mo-old IFN-α/βR WT and KO NZB mice (n = 3–6 mice/group; P = 0.01.

Table I. Frequency and Number of Splenic Cell Subsets in BALB/c, IFN-α/βR WT, and KO NZB Mice

<table>
<thead>
<tr>
<th>Mice</th>
<th>Weight</th>
<th>CD4+</th>
<th>CD8+</th>
<th>B-2 (CD5+)</th>
<th>B-1 (CD5+)</th>
<th>(F4/80+)</th>
</tr>
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<tbody>
<tr>
<td>WT</td>
<td>1,006 ± 203</td>
<td>185.9 ± 68.0</td>
<td>64.1 ± 19.2</td>
<td>144.8 ± 48.9</td>
<td>34.7 ± 8.7</td>
<td>62.3 ± 18.4</td>
</tr>
<tr>
<td>KO</td>
<td>483 ± 34a</td>
<td>58.1 ± 14.0b</td>
<td>25.8 ± 6.7a</td>
<td>40.7 ± 10.8a</td>
<td>17.1 ± 4.0a</td>
<td>26.9 ± 5.6a</td>
</tr>
<tr>
<td>BALB/c</td>
<td>288 ± 33</td>
<td>78.2 ± 12.8</td>
<td>26.0 ± 4.8</td>
<td>112.4 ± 18.8</td>
<td>13.3 ± 3.5</td>
<td>14.6 ± 1.3</td>
</tr>
</tbody>
</table>

Mean ± SE of spleen wet weight (mg), total number ×10^6 and percentage (in parentheses) of splenocyte subset. Data from 11–12-mo-old females are shown (n = 3–6 mice/group). Cells were stained with Abs to CD4, CD8, B220, CD5, and F4/80, then analyzed by flow cytometry (see Materials and Methods).

*p < 0.05 for WT vs. KO.

DC Maturation and Function. IFN-α in human lupus sera was recently shown to accelerate differentiation and maturation of monocytic cells into antigen-presenting DCs, an effect proposed to play a major role in this disease (13). We examined the effect of IFN-α on NZB DC maturation and, as expected, WT, but not KO, BM-derived DCs cultured with recombinant IFN-α up-regulated significantly B7.1, B7.2, and class-I MHC, marginally class-II MHC (Fig. 8a), and not CD40. Consequently, the IFN-α-treated WT DCs induced stronger allogenic T cell responses than similarly-treated KO DCs (Fig. 8 b). It is notable, however, that even without exogenous IFN-α, WT DCs were more efficient in this assay than KO DCs, suggesting that sufficient maturation occurred in response to endogenous IFN-α/β, produced at basal levels and/or secondarily induced during the alloresponse. Interestingly, differences between WT and KO DCs were also evident after in vitro stimulation with LPS, further suggesting the importance of IFN-α/βR-signaling in DC activity (Fig. 8 b).

Cell Cycle–related Genes. Previous reports indicated that IFN-α/β can regulate cell-cycle protein expression and mediate G1 arrest by inducing p21 and p15 genes (for a review, see reference 37). Therefore, the effect of IFN-α/βR deficiency on the expression of several cell cycle-related genes was assessed by a multiprobe R.Nase protection assay. With the exception of a significant reduction of the CDKI p21 in KO mice (10.4 ± 2.1% vs. 17.4 ± 1.1%, P = 0.02), transcript levels for all other tested genes were equivalent in WT and KO mice.

Interferon-inducible p202 Expression. An allelic polymorphism in the promoter region of the IFN-inducible gene, Ifi202, which results in high RNA and protein levels of p202 in B cells (and other non-B, non-T cells), has recently been implicated as a candidate lupus susceptibility gene for NZB mice (25). Although spleen cells from WT NZB...
mice indeed showed higher p202 levels than nonautoimmune BALB/c mice, these high levels were retained in IFN-α/βR KO NZB mice (Fig. 9), thereby indicating that signaling through this receptor is not required for high expression of the Ifi202. Of note, BALB/c mice carry the same Ifi202 promoter polymorphism as NZB mice (25), and have been reported to show increased transcription of this gene after stimulation with IFN-inducers (38). Our results, however, showed low basal p202 protein expression in BALB/c mice, thereby supporting a posttranslational regulation of this gene (39).

Discussion

The present study with NZB mice lacking a functional IFN-α/βR directly demonstrates the long-suspected role of IFN-α/β as major effectors in the pathogenesis of systemic autoimmunity. IFN-α/βR–deficient NZB mice had significantly reduced serologic and histologic disease characteristics, including anti-erythrocyte autoantibodies and hemolytic anemia, as well as anti-DNA autoantibodies, kidney disease, and mortality. Reflecting the pleiotropic functions of IFN-α/β, these protective effects were associated with multiple cellular modifications, including reduced splenomegaly and numbers of B-1 and B-2 cells, T cells, macrophages, autoantibody-secreting B cells, and IFN-γ–secreting T cells. Proliferative and in vivo responses of B and T cells were also decreased, as were the in vitro maturation and T cell stimulatory capacities of DCs.

The major clinical characteristic of NZB disease is hemolytic anemia (40). Anti-erythrocyte autoantibody titers and erythroblastosis were significantly reduced in the KO mice and, to a lesser degree, in HT mice, suggesting that even partial ablation of IFN-α/β signaling is beneficial. Previous studies have shown that the B-1 subset is the primary cell type for the production of anti-erythrocyte autoantibodies (31, 32). As reaffirmed here, WT NZB mice have increased B-1 cells in both the peritoneal cavity and spleen, but these cells were significantly decreased in KO mice, especially in the peritoneal cavity. Correspondingly, in vivo proliferation of splenic B-1 cells and in vitro proliferation of peritoneal cells stimulated with either LPS or anti-CD40 plus IL-4, were reduced. Thus, IFN-α/β signaling appears to significantly affect the B-1 subset. Whether this signaling is acting directly or indirectly through the induction of other cytokines/chemokines in

Table II. In Vitro Proliferation of Splenocytes and Peritoneal Cells from IFN-α/βR WT and KO NZB Mice

<table>
<thead>
<tr>
<th>Mice</th>
<th>LPS</th>
<th>Con A</th>
<th>Anti-CD3</th>
<th>LPS</th>
<th>Anti-CD40/IL-4</th>
</tr>
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<tbody>
<tr>
<td>WT</td>
<td>35.6 ± 1.4</td>
<td>22.9 ± 11.2</td>
<td>122.4 ± 6.7</td>
<td>23.1 ± 2.4</td>
<td>95.8 ± 5.1</td>
</tr>
<tr>
<td>KO</td>
<td>23.2 ± 3.7</td>
<td>21.6 ± 8.8</td>
<td>104.7 ± 17.7</td>
<td>9.8 ± 4.6</td>
<td>52.1 ± 5.5</td>
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Mean ± SE of cpm × 10^3 are shown for three 10-wk-old mice/group. P < 0.05 for WT vs. KO.

Figure 7. In vivo lymphocyte proliferation. (a) Spontaneous proliferation of splenic B and T cell subsets in 12 mo-old BALB/c, IFN-α/βR WT, and KO mice (n = 2–3/group) defined by BrdU-incorporation. Representative histograms and percentage of BrdUhi cells (mean ± SE) are shown. (b) Lymphopenia-induced homeostatic T cell proliferation. LN cells from 2–3 mo-old WT and KO mice were labeled with CFSE and infused into sublethally-irradiated WT NZB recipients (n = 3/group). Representative histograms at 8 d post-transfer and percentage (mean ± SE) of cells that had undergone 1 to 7 divisions are shown, with peaks of decreasing CFSE-intensity identifying sequential cellular divisions. Reduced in vivo proliferation of KO T cells was also observed 5 and 14 d after transfer (data not depicted).
immune deposits and pathology. These findings are compatible with the reported ability of type-I IFNs to potently enhance humoral immunity and to promote isotype switching by DC stimulation in vivo (48). Decreases in B-2 cells could be attributed to defective lymphogenesis, enhanced apoptosis, and/or decreased proliferation. Defective lymphogenesis appears unlikely since KO mice had similar numbers of B cell precursors as WT mice, and development of pro-B cells and their progeny was previously shown to be reduced at high, rather than low, IFN-α/β levels (49). Increased B cell apoptosis was also considered, as IFN-α/β inhibit this process, presumably by up-regulating Bcl-2 and Bcl-XL and/or activating NF-κB (34–36). This possibility also appears unlikely, because the resistance of WT NZB B cells to anti-IgM–induced apoptosis was not corrected in the KO mice. Therefore, the most likely possibility is that the decline in B cell numbers is caused by reduced antigen receptor-mediated proliferative responses, known to be enhanced by IFN-α/β (36).

Significant decreases in splenic T cells, especially in the CD8⁺ subset, were also observed in KO mice. Although CD4⁺ T cells are thought to be the primary subset involved in lupus autoimmune responses, studies in β2-microglobulin-deleted NZB mice suggested that CD8⁺ T cells may also contribute, particularly with regard to the anti-erythrocyte response (50). The decline of CD8⁺ cells in the KO mice may be due to defects in their development, decreased proliferation, and/or increased apoptosis. Impaired development of CD8⁺ cells may result from reduced expression of the IFN regulatory transcription factor-1 (IRF-1), as mice deleted of this gene showed defective CD8⁺ cell maturation (51, 52). It is of interest that deletion of IRF-1 confers resistance to CD8⁺ cell-mediated autoimmune diseases (53, 54) while, conversely, deletion of IRF-2, an attenuator of IRF-1 and IFN-α/β signaling, leads to development of an inflammatory skin disease (55). Although type-I IFNs are known to exert anti-proliferative effects (1), in vivo proliferation of CD8⁺ T cells in the KO mice was also decreased, as measured by both BrdU incorporation and lymphopenia-induced homeostatic expansion. It should be noted, however, that the frequency of proliferating cells defined by these assessments is a reflection of the balance between dividing and apop...
tosing cells. Recent studies have shown that IFN-α/β directly inhibit apoptosis of activated CD8+ (and CD4+) T cells without the need of other cytokines nor by raising the levels of Bcl-2 or Bcl-XL (56). Moreover, it has been reported that survival and proliferation of activated/memory CD8+ cells in vivo is significantly enhanced by type-I IFNs or their inducers (LPS, CpG DNA, poly I:C), an effect attributed to production of IL-15 by APCs (57, 58). In addition, efficient activation of naive CD8+ T cells was shown to be dependent on IFN-α/β-induced CXCRC3 chemokine signalling (59). In this context, the decline in p21 in T cells of the KO mice may also promote apoptosis (24, 37). Indeed, we have recently shown that p21-deleted lupus-predisposed BXSB mice have reduced accumulation of replication- and apoptosis-resistant activated T cells, accompanied by disease amelioration (unpublished data).

The absolute number of macrophages was also reduced in the KO mice, which might lead to less efficient antigen presentation and, more importantly, decreased participation of these cells in end-organ inflammatory processes. The mechanism causing reduced numbers of macrophages in the KO mice is unclear but, again, a likely possibility is decreased expression of certain IRFs, such as IRF-1 and IRF-8, known to exert a major influence on macrophage maturation and function as well as production of IL-12 and iNOS (60).

Promoting DC maturation is a major mechanism by which IFN-α/β may contribute to lupus pathogenesis (13). As expected, incubation of immature, bone marrow–derived DCs from WT, but not KO, NZB mice with recombiant IFN-α significantly enhanced expression of the costimulatory molecules CD80 and CD86, and of class I MHC. Correspondingly, WT DCs induced stronger in vitro T cell alloresponses than KO DCs. It is of interest, however, that the stimulatory capacity of WT DCs was equivalent irrespective of whether they had been cultured with or without exogenous IFN-α, presumably because the levels of endogenous IFN-α/β were sufficient to induce appropriate expression of costimulatory and MHC molecules. Interestingly, even after stimulation with LPS, the alloresponses induced by WT DCs were more efficient than those by KO DCs. This finding suggests that induction of IFN-α/β by stimuli of the innate immune system may promote autoimmune responses through enhanced self-antigen presentation and engagement of nontolerant, low affinity, autoreactive T cells.

Several predisposing loci have been identified for NZB and other lupus strains but, with the exception of a few, the exact nature of the associated genes is unknown (16, 61, 62). The Nha2/Lbw7 locus on chromosome 1 of NZB mice, predisposing to autoantibody production, splenomegaly, and GN, has recently been linked to a polymorphism in the promoter region of the IFN-inducible Ifi202 gene, leading to increased p202 expression in B cells and other non-B, non-T cells (25). The Ifi202 is a family of two genes, Ifi202a and Ifi202b, and both appear to contribute to the high p202 levels in NZB mice (unpublished data). The p202 phosphoprotein is thought to affect cell-signaling pathways by binding several transcription factors and inhibiting cell proliferation and apoptosis (39), but the exact mechanism by which it predisposes to systemic autoimmunity remains to be elucidated. Although the Ifi202 polymorphism is not confined to the NZB strain, backcross studies have suggested that increased p202 levels contribute to disease in NZB and (NZBxNZW)F1 mice (25). We confirmed the high expression of p202 in NZB splenocytes, but found that high expression was maintained in the absence of IFN-α/βR, suggesting that signaling through this receptor is not required for Ifi202 activation. It is conceivable, however, that the two Ifi202 genes may be affected differently by IFN-α/β signaling and studies are in progress to address this question. In addition, previous investigations have suggested that IFN-γ and other factors can also induce p202 (39). Nonetheless, the findings indicate that the adverse effects mediated by the Nha2-associated Ifi202 allele (and other predisposing loci) are attenuated in the absence of IFN-α/βR signaling.

The present results clearly indicate that absence of IFN-α/βR significantly reduces systemic autoimmunity. Although this effect may be a direct consequence of ablating the IFN-α/β activities, it is conceivable that absence of this receptor may also reduce the adverse effects of IFN-γ in this disease. This possibility stems from the findings that IFN-α/β induces IFN-γ production (1), and that a week IFN-α/βR stimulation by spontaneously produced IFN-α/β is necessary for efficient IFN-γ signaling (2). The latter effect appears to be mediated by a physical association between tyrosine-phosphorylated IFNAR-1 and IFNγR-2 receptor subunits at the caveolar membrane domains, thereby providing docking sites for efficient STAT-1 dimerization and IFN-stimulated gene factor 3 (ISGF3) formation (63). The present finding of decreased frequency of IFN-γ-producing T cells and of IgG2a autoantibody levels in the IFN-α/βR KO mice are compatible with this concept, and suggests that therapeutic interventions to inhibit signaling through the IFN-α/βR may decrease the pathogenic effects of both type-I and -II IFNs in lupus.

This and other studies establish that IFNs are key molecules in the pathogenesis of autoimmune diseases, but their effects may be detrimental or beneficial depending on the specific clinical entity. Thus, IFN-γ promotes lupus (5–9) and myasthenia gravis (64, 65) but inhibits EAE (66, 67), whereas IFN-α/β promotes lupus (reference 13, and present study) and IDDM (68) but inhibits myasthenia gravis (69, 70), EAE, and multiple sclerosis (71). Understanding the differences in the autoimmune disease-modifying activities of IFNs and other cytokines will certainly have a considerable impact in further dissecting the etiologies and pathways of these syndromes and in developing new treatments.

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