Brief Definitive Report

Signal Transducer and Activator of Transcription (STAT)-induced STAT Inhibitor 1 (SSI-1)/Suppressor of Cytokine Signaling 1 (SOCS1) Inhibits Insulin Signal Transduction Pathway through Modulating Insulin Receptor Substrate 1 (IRS-1) Phosphorylation

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Abstract
Signal transducer and activator of transcription (STAT)-induced STAT inhibitor 1 (SSI-1) is known to function as a negative feedback regulator of cytokine signaling, but it is unclear whether it is involved in other biological events. Here, we show that SSI-1 participates and plays an important role in the insulin signal transduction pathway. SSI-1–deficient mice showed a significantly low level of blood sugar. While the forced expression of SSI-1 reduced the phosphorylation level of insulin receptor substrate 1 (IRS-1), SSI-1 deficiency resulted in sustained phosphorylation of IRS-1 in response to insulin. Furthermore, SSI-1 achieves this inhibition both by binding directly to IRS-1 and by suppressing Janus kinases. These findings suggest that SSI-1 acts as a negative feedback factor also in the insulin signal transduction pathway through the suppression of IRS-1 phosphorylation.

Key words: insulin • IRS-1 • SSI-1/SOCS1 signaling • Janus kinase • diabetes

Introduction
Insulin is a central regulator of various metabolic processes including cell growth, the uptake and metabolism of glucose, the synthesis and storage of neutral fat, and protein synthesis. Insulin mediates its biological effects through its specific receptor, the insulin receptor (IR). Like many growth factor receptors, IR has an intrinsic tyrosine kinase activity and activation of this activity takes place upon insulin binding (1, 2). Insulin receptor substrate (IRS) proteins are substrate for IR and phosphorylated at multiple sites by treatment not only with insulin but also with insulin-like growth factor (IGF)-1 or IL–4 (1, 3). Phosphorylated IRS functions as a docking protein for the Grb2 or p85 regulatory subunit of phosphatidylinositol 3-kinase (PI3K) and endows the soluble factors, including insulin, with various biological activities (1, 2). Both IRS-1– and IRS-2–deficient mice showed insulin resistance (4–6), indicating that IRS proteins are key molecules in insulin signaling. Interestingly, it has been suggested that Janus kinases (JAKs) are activated by insulin or IGF-1 treatment (7, 8).

Proteins of the signal transducer and activator of transcription (STAT)-induced STAT inhibitor (SSI), also known as suppressor of cytokine signaling (SOCS) or cytokine-inducible src homology (SH)2 domain–containing protein (CIS) family, have been identified as negative feedback regulators of the JAK-STAT signal transduction pathway (9–11). So far, eight members of the SSI family gene have been identified (12–14). All member proteins of this family contain an SH2 domain in their central portion and conserved SC motif, also known as a SOCS box, in their COOH terminus (12–14). SSI-1 binds to the phosphoryrosine residue of JAK through its SH2 domain, and inhibits

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subsequent STAT activation by suppressing JAK activity (12). Previously, SSI-1–deficient mice have been generated and analyzed (15). SSI-1–deficient mice were normal at birth, but showed severe growth retardation with aging. They also showed atrophy in the thymus, a reduction in the number of lymphocytes, and infiltration of mononuclear cells in several organs, and died within 3 wk after birth (15).

In this report, we present evidence that SSI-1 is involved in the insulin signal transduction pathway. Lower blood sugar level was observed in SSI-1–deficient mice, indicating that deficiency of SSI-1 results in hypersensitivity to insulin action. In addition, forced expression of SSI-1 repressed the tyrosine phosphorylation of IRS-1, whereas lack of SSI-1 prolonged IRS-1 phosphorylation after insulin treatment. Furthermore, enhanced differentiation into adipocytes was demonstrated in embryonic fibroblasts of SSI-1–deficient mice in response to insulin. These results suggest that SSI-1 plays an important role in the negative regulation of the insulin signal transduction pathway through suppression of IRS-1 phosphorylation. This SSI-1 is involved in a signaling pathway other than cytokine signaling in vivo.

Materials and Methods

Blood Sugar, Serum Insulin, and Urine C-Peptide Level of SSI-1−/− Mice. All observations were performed on 7–10-d-old SSI-1+/+ and SSI-1−/− mice. Blood was drawn from hearts, and blood sugar level was determined. Serum insulin level was also measured by RIA. To measure the C peptide level, urine was collected for 24 h, and the C peptide level was determined by ELISA.

Glucose Uptake. 105 cells were seeded on 6-well plates and stimulated with insulin at the indicated concentration for 60 min. 2-deoxy-D-[1-14C] glucose (2DOG) and 0.1 mM unlabeled 2DOG were added, and incubation was continued for a further 20 min. After washing with ice-cold PBS twice, cells were solubilized with 0.5 N NaOH and 0.1% SDS. Aliquots were assessed for protein content and radioactivity.

Cell Culture. L929 stably expressed SSI-1, SSI-3, or SOCS5, and 293T cells were cultured in DMEM supplemented with 10% FCS and 500 μg/ml of G418 (Nacalai Tesque). SSI-1–expressing 3T3-L1 cells were also maintained in DMEM containing DMEM. Murine embryonic fibroblast (MEF) cells were grown in DMEM containing 10% FCS, nonessential amino acids (GIBCO BRL), penicillin G, and streptomycin.

Insulin Stimulation In Vivo. 4-wk-old mice were fasted for 16 h, and then 5 U of human insulin were injected intraperitoneally. At 10 min after injection, adipose tissue was dissected immediately, lysed, and immunoprecipitatin was performed as described below.

Induction of Adipocyte Differentiation. Induction of adipocyte differentiation was performed as described elsewhere (16). In brief, MEFs collected from 13.5 days post coitin (dpc) embryos were seeded onto 48-well plates, and propagated to confluence. After 48 h, the culture medium was replaced by the induction medium (DMEM containing 10% FCS, 0.5 mM 3-isobutyl-1-methyl xanthine, 0.5 mM dexamethasone, and 5 μg/ml of insulin). 2 d later, the induction medium was replaced with a maintenance medium (DMEM supplemented with 10% FCS and 5 μg/ml of insulin), which was renewed every other day. At day 6 of differentiation, adipose drops in the cells were stained with Oil Red-O and observed under a microscope. We used three independent pairs of SSI-1−/− and control mice from the same littermate and obtained almost identical results.

Reverse Transcription PCR. L929 cells were stimulated with insulin and total RNA was isolated with the Total RNA Isolation System (Promega). Reverse transcription (RT) reaction was performed by using oligo dT primer and Moloney murine leukemia virus reverse transcriptase (Stratagene). The PCR reaction consisted of the following steps: 95°C for 1 min, 65°C for 1 min, 72°C for 1 min, 37 cycles for SSI-1; 95°C for 1 min, 62°C for 1 min, 72°C for 1 min, 38 cycles for SSI-3 and 32 cycles for SOCS5; and 95°C for 1 min, 60°C for 1 min, 72°C for 1 min, and 21 cycles for glyceraldehyde 3-phosphate dehydrogenase (G3PDH). The primer pairs were: SSI-1, 5′-CACCTTC-TTGTTGCCGACA-3′ and 5′-GCAGCTCGAAAG-GCAGTCG-3′; SSI-3, 5′-CCATGGTACCACCCAGCAG-3′ and 5′-GTAAGCCCTAAGACCTAG-3′; SOCS5, 5′-CAGACAGGGAGCCTTGAAG-3′ and 5′-GGTTGAAGT-CGAAGCTACGG-3′; G3PDH, 5′-ACCACGTCGAT-CCATGCCATC-3′ and 5′-TCCACCCACTGTTGCT-GTA-3′.

Antibodies. Anti–SSI-1 monoclonal antibody, 1262B (17), anti–SSI-3, and anti–SOCS5 polyclonal antibodies (Santa Cruz Biotechnology, Inc.) were used. Anti-JAK1 and anti–Tyk2 monoclonal antibodies were purchased from Transduction Laboratory, anti–IR, anti–JAK2, and anti–IRS-1 polyclonal antibodies from Santa Cruz Biotechnology, Inc., and antiphosphotyrosine monoclonal antibody, 4G10, from Upstate Biotechnology. Horseradish peroxidase (HRP)-conjugated anti–rabbit and anti–mouse IgG (Amersham Pharmacia Biotech) and HRP-conjugated anti-goat IgG (Southern Biotechnology Associates, Inc.) were used as second antibodies for Western blot analysis.

Immunoprecipitation and Western Blot Analysis. Serum-starved L929 cells were treated with 10 nM insulin or 10 nM IGF-1 for the times indicated. The cells were lysed with an NP-40 lysis buffer (20 mM Tris-HCl [pH 7.5], 150 mM NaCl, 1% NP-40, 10 mM Na2VO4, 0.5 mM dithiothreitol, 1 μg/ml pepstatin A, 1 μg/ml leupeptin, and 1 mM PMSF) and clarified by centrifugation. The supernatants were collected and incubated with the antibodies indicated for 16 h at 4°C. After incubation with protein A–sepharose 4B (Amersham Pharmacia Biotech) for 1 h, the beads were washed with the NP-40 lysis buffer four times, and then immunecomplex was resolved by 8% SDS-PAGE. The proteins were transferred onto a nitrocellulose filter (Schleicher & Schuell). After blocking with 5% skim milk, the filter was incubated with one of the first antibodies, and then with the appropriate secondary antibody. After washing, the signals were visualized by the ECL system (Amersham Pharmacia Biotech).

Transient Transfection. 293T cells were transfected with 2 μg of pEF-BOS-SSI-1, 2 μg of pEF-BOS-SSI-3, 2 μg of pEF-BOS-SOCS5, 5 μg of pEF-BOS-JAKs, 5 μg of pGEM3 SV HIR-IR, 3 μg of pCIBSD-IRS-1, or a combination of these expression plasmids with the standard calcium coprecipitation method. After 36 h, cells were harvested and subjected to Western blot analysis as described above with the indicated antibodies.

Results

Deficiency of SSI-1 Resulted in Hypoglycemia. To characterize the physiological role of SSI-1 in vivo, we have previously generated mice which lack the SSI-1 gene (SSI-1−/−).
mice; reference 15). SSI-1−/− mice showed marked apoptosis in their lymphocytes and died within 3 wk after birth. Through the biochemical analyses of SSI-1−/− mice, we noticed that the blood sugar level of SSI-1−/− mice was significantly lower than that of SSI-1+/+ mice (Fig. 1 A; +/+ : 136.2 ± 26.5 mg/dl, n = 7; −/− : 84.9 ± 13.3 mg/dl, n = 7). However, the urine C peptide level of SSI-1−/− mice was no higher than that of SSI-1+/+ mice (Fig. 1 B; 396 ± 99.57 vs. 401.2 ± 97.19 ng/day, n = 6). Consistent with this, the serum insulin level of SSI-1−/− mice was also no higher than that of SSI-1+/+ mice (Fig. 1 C;+/+: 0.71 ± 0.40 ng/ml, n = 5; −/− : 0.56 ± 0.38 ng/ml, n = 5). These results indicated that the reduction in blood sugar level of SSI-1−/− mice was not due to the insulin level itself but to a change in sensitivity to insulin action. We speculated that SSI-1 also might act as a negative regulator of insulin signal transduction as well as of cytokine signaling and that SSI-1−/− mice might become hypersensitive to insulin action because of the lack of a suppression mechanism.

To confirm this idea, we established SSI-1-expressing 3T3 L1 cells (L1/SSI-1) and performed a 2DOG uptake experiment (Fig. 1 D). L1/neo cells were facilitated on uptaking 2DOG in response to insulin, but in three independent clonal cell lines, L1/SSI-1/1, L1/SSI-1/2, and L1/SSI-1/3, 2DOG uptake was decreased compared with the parental cell line. It is noteworthy that the basal level of 2DOG uptake was also decreased in L1/SSI-1 cells, maybe due to the unresponsiveness to serum containing insulin in L1/SSI-1 cells. These results suggest that the expression level of SSI-1 affects the insulin action.

**Figure 1.** SSI-1−/− mice show low blood sugar level. (A) Blood sugar level, (B) urine C-peptide level, and (C) serum insulin level were measured in 7–10-d-old mice. *r*, raw data. Mean values ± SE are indicated as filled circles and vertical bars. (D) 3T3-L1/neo and three independent clones of 3T3-L1/SSI-1 cells were stimulated with insulin at 0 (white bar), 1 (hatched bar), and 10 nM (black bar) for 60 min, and incubated with 2DOG for a further 20 min. Each value is the mean ± SE of triplicate determinations.
ular mass of \(\sim 180 \text{ kD}\) (1, 2). Therefore, we examined whether the reduced phosphorylation protein in L929/SSI-1 cells was the same as IRS-1. We also included SSI-3 and SOCS5 in this experiment because it has been reported that SSI-3 is induced by leptin or prolactin treatment and suggested that SSI-3 might be involved in metabolic regulation (18, 19); Emanuelli et al. (21) showed that SSI-3 was induced by insulin, bound to IR, and inhibited STAT5 activation, and SOCS5 is induced after insulin stimulation as described below. To do this, we also established the cell lines L929/SSI-3 and L929/SOCS5, which expressed SSI-3 and SOCS5, respectively. Insulin treatment induced strong phosphorylation of IRS-1 in L929.neo cells (Fig. 2 B, top, lanes 1–4), whereas it was significantly reduced in L929/SSI-1 cells (Fig 2. B, top, lanes 5–8). L929/SSI-3 cells also showed suppression of IRS-1 phosphorylation,
but their inhibitory effect was rather weak compared with L929/SSI-1 cells (Fig. 2 B, top, lanes 9–12). In contrast to L929/SSI-1 and L929/SSI-3 cells, strong phosphorylation of IRS-1, almost the same as seen in L929.neo cells, was observed in L929/SOCS5 cells (Fig. 2 B, top, lanes 13–16). IRS-1 is also phosphorylated by treatment with IGF-1 (2). Therefore, we analyzed the effect of SSI family proteins on IGF-1–stimulated IRS-1 phosphorylation and obtained almost the same result as with insulin (Fig. 2 B, bottom). Then, we analyzed whether SSI-1 deficiency led to augmentation of IRS-1 phosphorylation as a result of insulin treatment. Strong induction of IRS-1 phosphorylation was detected after 10 min of insulin stimulation, and it gradually declined at 60 and 180 min after stimulation in SSI-1+/+ MEFs (Fig. 2 C, top, lanes 1–4). In contrast, intense phosphorylation of IRS-1 in SSI-1−/− MEFs lasted, at least, up to 180 min (Fig. 2 C, top, lanes 5–8). These results suggest that SSI-1 and SSI-3 are capable of suppressing insulin signaling at the level of IRS-1 phosphorylation.

SSI-1 Suppresses the Phosphorylation of IRS-1 by Directly Binding. We next studied the precise molecular mechanism by which SSI-1 and SSI-3 inhibit IRS-1 phosphorylation induced by insulin. Since SSI-1 is known to bind and inhibit JAKs (11, 17), we considered that SSI-1 might act on IR in the same way. To this end, IR, SSI-1, or SSI-3 was transiently expressed in 293T cells, and the association of IR with SSI-1 or SSI-3 and the kinase activity of IR after insulin stimulation were analyzed. We found that neither SSI-1 nor SSI-3 either bound to IR or inhibited IR kinase activity (Fig. 3 A), which was consistent with our previously published data showing that SSI-1 could not suppress IR kinase activity in SSI-1–expressing M1 cells (9). Subsequently, we examined whether SSI-1/3 inhibited the phosphorylation of IRS-1 by binding to IRS-1 directly. 293T cells were transfected with IRS-1, SSI-1, or SSI-3 expression vector and cell extracts were prepared. After immunoprecipitation with anti–IRS-1 antibody, association of SSI-1/3 with IRS-1 was detected by Western blot analysis with anti–SSI-1/3 antibody. Binding of SSI-1 to IRS-1 was barely observed before insulin stimulation (Fig. 3 B, left, lane 3). However, when cells were stimulated with insulin, a substantial level of SSI-1 was coprecipitated with IRS-1 (Fig. 3 B, left, lane 4). This result indicated that SSI-1 preferentially bound to phosphorylated IRS-1, which suppressed further phosphorylation. On the other hand, we could not detect the association between SSI-3 and IRS-1 even after insulin stimulation in 293T cells (Fig. 3 B, right).

SSI-1 Inhibits IRS-1 Phosphorylation Also by Inhibiting JAKs. In spite of the lack of association of SSI-3 with IRS-1, SSI-3 still inhibits the IRS-1 phosphorylation (Fig. 2 B). Therefore, we further studied the inhibition mechanism of IRS-1 phosphorylation. Based on the fact that IL-4, IL-9, IL-13, and oncostatin M, whose receptors do not contain an intrinsic kinase activity, evoke the phosphorylation of IRS-1, and on the recent reports which demonstrated that JAKs are phosphorylated by insulin treatment (7, 8), we examined the involvement of JAKs in insulin signaling. First, we demonstrated the association of JAKs with IRS-1. The interaction between IRS-1 and JAK1 or JAK2 (Fig. 3 C, lanes 1 and 2) but not Tyk2 (data not shown) was detected only after insulin treatment. Furthermore, we

Figure 4. SSI-1−/− MEFs show enhanced induction of differentiation into adipocytes by insulin. (A and C) MEFs derived from SSI-1+/+ mice or (B and D) SSI-1−/− mice were induced to differentiate into adipocytes as described in Materials and Methods. Three independent littermate pairs were used for experiments, and representative results are shown. The lipid drops in the cells were stained red by Oil Red-O. Original magnification: ×20. (E) L929 cells were treated with insulin and total RNA was isolated. RT-PCR analysis was then performed as described in Materials and Methods.
also found that JAK1 bound to IRS-1 in the adipose tissue in vivo after insulin stimulation (Fig. 3 C, lanes 1 and 3). Unfortunately, we could not detect the association of JAK2 and IRS-1 in the adipose tissue, maybe because of the low expression level of JAK2 in adipose tissue. These results indicated that JAKs are capable of binding to IRS-1 with insulin stimulation–dependent manner. Moreover, JAK1 and JAK2, but not Tyk2, bound to IR in 293T cells (data not shown).

We next investigated whether IRS–1–bound JAKs could phosphorylate IRS-1 and whether SSI family proteins could inhibit this process. It is known that the forced expression of JAKs results in their autophosphorylation and activation. Therefore, IRS-1 and JAKs together with SSI-1, SSI-3, or SOCS5, were coexpressed in 293T cells. Coexpression with JAK1 resulted in a significant level of IRS-1 phosphorylation. However, the degree of IRS-1 phosphorylation was greatly reduced by the coexpression of SSI-1 or SSI-3 with JAK1. Coexpression of SOCS5 with JAK1, on the other hand, did not affect JAK1 activity on IRS-1 phosphorylation (Fig. 3 D, top, lanes 1–5), which is consistent with the inhibition specificity of IRS-1 phosphorylation in L929 cell lines (Fig. 2 B). Furthermore, we obtained almost the same results for JAK2 as for JAK1 (Fig. 3 D, top, lanes 6–10). In contrast, the effect of Tyk2 on IRS1 phosphorylation was very weak compared with JAK1 and JAK2 (Fig. 3 D, top, lanes 11–15), which is parallel to the binding specificity of IRS-1 to JAKs and suggested that JAK1 and JAK2 might be involved in insulin signaling.

SSI-1<sup>−/−</sup> MEFs Show Enhanced Differentiation into Adipocytes by Insulin. For further confirmation of involvement of SSI-1 in insulin signaling, we used an established adipocyte differentiation system in which MEFs convert into mature adipocyte in the presence of adipogenic hormones such as insulin (16). We expected that if SSI-1 acts as a negative regulator in the insulin signaling, SSI-1 deficiency should lead to the enhancement of differentiation. As expected, MEFs derived from SSI-1<sup>−/−</sup> mice showed burst induction of differentiation into adipocytes compared with SSI-1<sup>+/+</sup> MEFs after 6 d of insulin treatment (Fig. 4, A and B). An additional 6 d of induction with insulin resulted in almost the same proportion of MEFs derived from SSI-1<sup>−/−</sup> mice as those derived from SSI-1<sup>+/+</sup> mice differentiating into adipocytes (Fig. 4, C and D). These results clearly indicate that SSI-1 can function as a negative regulator of insulin signaling.

Induction of SSI Family mRNAs in Response to Insulin. Finally, we examined the induction of the SSI family mRNAs after insulin stimulation to determine whether SSI families function as a feedback regulator for insulin. The result indicated that SSI-1, SSI-3, and SOCS-5 mRNAs were all induced after insulin stimulation (Fig. 4 E).

Discussion

SSI-1 has been thought to function as an inhibitor of the cytokine signal transduction pathway. This report demonstrates that SSI-1 is also involved in the insulin signal transduction pathway in vivo. SSI-1 suppresses the insulin signal transduction pathway at the level of the phosphorylation of IRS-1 by interaction with IRS-1 and inhibiting JAKs activated by insulin and does not affect IR kinase activity. On the other hand, SSI-3 suppresses IRS-1 phosphorylation only by inhibiting JAKs. These differential inhibition mechanisms of IRS-1 phosphorylation between SSI-1 and SSI-3 are consistent with Fig. 2 B, demonstrating that the inhibitory effect of SSI-1 was stronger than that of SSI-3. Although it is shown that SSI-3 directly bound to IR and inhibited STAT5 activation in response to insulin (20), it is evident that SSI-1 may play an important role in vivo because SSI-1<sup>−/−</sup> mice show low blood sugar level even in the presence of SSI-3. In addition, we could not observe direct binding of SSI-1 and SSI-3 to IR in 293T cells but demonstrated that they suppressed IRS-1 phosphorylation.

Our study showed that SSI-1 might be capable of inhibiting all effector molecules activated by JAKs. Since the identification of SSI-1, it has been thought to act as a negative regulator specific for STAT activation by inhibiting the activity of JAKs in vivo. However, our results suggest that SSI-1 may have the potential to suppress effector molecules other than STATs. For example, IL-4 stimulation induces not only STAT6 activation but also phosphorylation of IRS proteins. Therefore, SSI-1 might inhibit both of these transduction pathways in IL-4 signaling. In addition, we demonstrated that SSI-1 associated with IRS-1 and suppressed further phosphorylation of IRS-1. Although it has been shown that SSI-1 could interact with various signaling molecules including c-kit, vav, and Grb-2 (22), the biological significance of this interaction is not yet clear. Therefore, our findings established a novel concept of SSI-1 function.

In recent years, several reports suggested that TNF-α or INF-γ antagonizes insulin action and generates an insulin-resistant state (23, 24). These phenomena raise a clinical point that patients with cytokine treatment frequently suffer from diabetes. Our present study suggests a possibility that SSI-1 might be involved in cytokine–induced diabetes because both TNF-α and INF-γ induce SSI-1 (21). Furthermore, our unpublished data indicate that SSI-1 is indispensable to the cross-talk inhibition between several cytokines, for example, INF-γ stimulation does not antagonize IL-4 signaling in SSI-1–deficient T cells (Naka, T., H. Tsutsui, Y. Kawazoe, H. Kohzaki, Y. Morita, R. Naka-gawa, M. Narazaki, K. Adachi, T. Yoshimoto, K. Naka-nishi, and T. Kishimoto, unpublished observation). Therefore, our study suggests that SSI-1 might regulate the cross-talk not only of cytokine signaling but also between cytokine and endocrine hormones, and SSI-1 may be applicable to insulin-resistant diabetes.

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