

## **The Type II “Receptor” As a Decoy Target for Interleukin 1 in Polymorphonuclear Leukocytes: Characterization of Induction by Dexamethasone and Ligand Binding Properties of the Released Decoy Receptor**

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### **Summary**

Whereas the signaling function of the interleukin 1 (IL-1) receptor type I (IL-1R I) has been well documented, the type II “receptor” has been suggested to act as a decoy target for this cytokine. Since IL-1 may represent a key target of the immunomodulatory and antiinflammatory properties of glucocorticoids (GC), the aim of this study was to investigate the effects of dexamethasone (Dex) on IL-1R expression in human polymorphonuclear leukocytes (PMN), which express predominantly the type II molecule (IL-1R II). We found that Dex augments the levels of steady state transcripts encoding the IL-1R I and, most prominently, those of IL-1R II. Dex induced both transcripts via transcription-dependent mechanisms and by prolongation of the mRNAs half-lives. Inhibition of protein synthesis superinduced basal and Dex-augmented IL-1R II mRNA, whereas it completely inhibited the induction by Dex of IL-1R I transcripts. Induction of IL-1R II mRNA by Dex was associated with augmented membrane expression and release of the type II IL-1 binding molecule. This effect was mediated by the GC receptor. Other steroids (17 $\beta$ -estradiol, progesterone, and testosterone) were ineffective. The concentrations of IL-1 $\alpha$  and IL-1 receptor antagonist required to displace the binding of IL-1 $\beta$  to the soluble form of the decoy molecule induced by Dex from PMN were, respectively, 100 and 2 times higher compared with IL-1 $\beta$ . The induction by Dex of the type II receptor, a decoy molecule for IL-1, may contribute to the immunosuppressive and antiinflammatory activities of Dex.

**G**lucocorticoids (GC) are potent modulators of the immune and inflammatory responses in humans and experimental models. IL-1, a key mediator of inflammatory reactions (1), represents an important target of GC-mediated immunosuppressive activities. GC suppress IL-1 production by monocyte-macrophages, both in vitro and in vivo (2–9). In apparent contrast with the inhibitory activities of GC on IL-1, GC were found to increase the expression of IL-1R on different cell types, including human PBMC (10, 11), PMN (11, 12), and the B cell line Raji (13).

Two IL-1Rs have been identified and cloned. The IL-1R I is an 80-kD transmembrane protein expressed predominantly or exclusively in T lymphocytes, fibroblasts, and endothelial cells, whereas the most represented receptor on myelomonocytic cells and B lymphocytes is the 68-kD (type II) IL-1R II (14, 15). Although the IL-1R I has a demonstrated transmembrane signaling function (16–22), the role of IL-1R II, which has a short (29-aa) cytoplasmic tail, is still a matter

of investigation. Efforts aimed at defining a signaling function for IL-1R II using blocking mAbs have failed (22). Moreover, studies on regulation of PMN survival by IL-1 and IL-4 have suggested that the IL-1R II acts as a decoy target for IL-1 (23).

Given the importance of GC as antiinflammatory and immunosuppressive agents, this study was designed to conduct an in depth analysis of the regulation by GC of IL-1 receptors in human PMN.

### **Materials and Methods**

**Cells.** Human PMN were separated from the peripheral blood of human healthy donors by Percoll gradient centrifugation (23). Briefly, whole blood was fractionated by Ficoll gradient centrifugation (Seromed-Biochem KG, Berlin, Germany), and PMN, collected from the pellet, layered on top of 62% Percoll (Pharmacia, Uppsala, Sweden). PMN ( $\geq 98\%$  pure as assessed by morphology)

were resuspended at  $5\text{--}10 \times 10^6/\text{ml}$  in RPMI 1640–10% FCS (Hyclone Laboratories, Logan, UT).

**Reagents.** Dexamethasone (Dex), cortisone (17-hydroxyl-11-deoxycorticosterone), progesterone,  $17\beta$ -estradiol, and testosterone were from Sigma Chemical Co. (St. Louis, MO). RU 486 was a kind gift of Dr. D. Di Lorenzo, Brescia, Italy. IL-1 $\alpha$  and IL-1 $\beta$  were from Immunex Research and Development Corp. IL-1 receptor antagonist (IL-1ra) was from Cetus Corp. (Berkeley, CA).

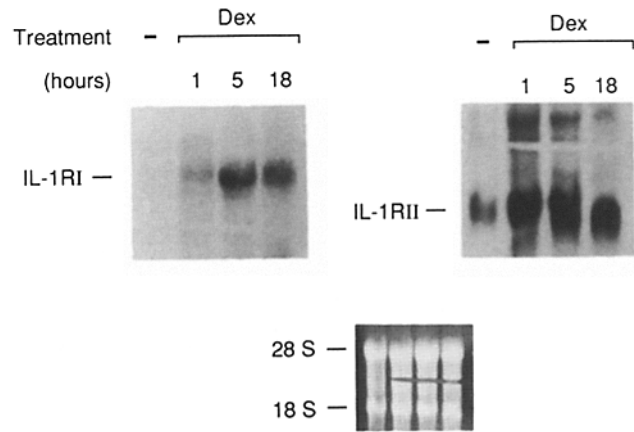
**IL-1 Binding Assay.** After treatment with  $10^{-7}$  M Dex for 12–14 h at 37°C,  $1\text{--}2 \times 10^6$  PMN were incubated with decreasing concentrations of  $^{125}\text{I}$ -IL-1 $\beta$  (180  $\mu\text{Ci}/\mu\text{g}$ ; NEN, Bad Homburg, Germany) in the presence or absence of a 200-fold molar excess of cold cytokine in 0.1 ml binding buffer (PBS-0.1% BSA-0.02% sodium azide; Sigma Chemical Co.) at room temperature for 1 h. To separate bound from free radiolabeled IL-1, cells were centrifuged over a cushion of silicon oil. Scatchard analysis was performed by the LIGAND program (24).

**Northern Blot Analysis.** RNA isolation and analysis were as described (23). Probes were a EcoRI–HindIII 477-bp fragment and a EcoRI–SalI 750-bp fragment from IL-1R I and IL-1R II cDNAs, respectively. Membranes were washed twice with  $2\times$  SSC/1% SDS (Merck & Co., Inc., Rahway, NJ) at 60°C and exposed for 24–36 h for IL-1R I or 4–6 h for IL-1R II expression at  $-80^\circ\text{C}$ . RNA transfer to membranes was checked by UV irradiation.

**Affinity Cross-linking.** Cross-linking experiments were described in detail (23). Briefly, for surface affinity cross-linking,  $30 \times 10^6$  PMN treated with  $10^{-7}$  M Dex for 14 h were incubated in binding buffer with 1 nM  $^{125}\text{I}$ -IL-1 $\beta$ . After addition of 1 mM disuccinimidyl suberate (DSS; Pierce Chemical Co., Rockford, IL), the cell pellet was lysed in 100  $\mu\text{l}$  lysis buffer (0.5% Triton X-100, 25 mM Hepes, 1 mM PMSF, 100  $\mu\text{g}/\text{ml}$  aprotinin and leupeptin; Sigma Chemical Co.). The debris-free supernatant was analyzed by 8% SDS-PAGE under reducing conditions and dried gels were exposed to autoradiography for 1–3 d. For soluble covalent cross-linking,  $30 \times 10^6$  PMN were cultivated with  $10^{-7}$  M Dex for 14 h in RPMI 1640 without serum at 37°C. Medium was recovered and concentrated 10 times by membrane filtration (cut-off 10,000; Amicon, Beverly, MA). 200  $\mu\text{l}$  were added with 1 nM  $^{125}\text{I}$ -IL-1 $\beta$ , with or without a 2–2000-molar excess of cold competitors (IL-1 $\alpha$ , IL-1 $\beta$ , and IL-1ra), and incubated at 4°C for 1 h. After addition of 1 mM DSS at 4°C for 30 min, samples were analyzed by gel electrophoresis as above. Densitometric analysis of autoradiographic signals has been performed with a scanning densitometer (GS 300; Hoefer Scientific Instruments, San Francisco, CA), calculating the area under the curve.

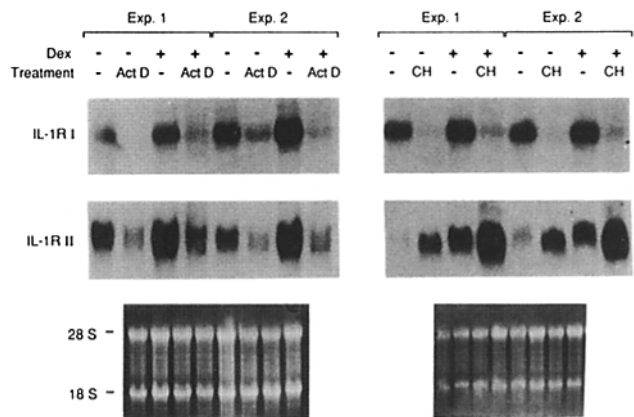
## Results and Discussion

**Dex Stimulates Predominantly IL-1R II mRNA Expression.** Untreated PMN expressed abundant levels of the type II mRNA and these were considerably increased (4–10-fold, six donors) by Dex, with peak levels at 4–5 h (Fig. 1). Visualized by Northern analysis, PMN have barely detectable or undetectable levels of type I IL-1R mRNA (11, 23). Dex augmented also IL-1R I transcripts (three- to sixfold, six donors), but constitutive and inducible transcripts coding for IL-1R I were evident only after long times of exposure (the membranes shown in Fig. 1 were exposed to autoradiography for 25 h for the type I R and 5 h for type II R transcripts). Thus, the predominant IL-1R transcripts induced by Dex in PMN are those coding for the IL-1R II.

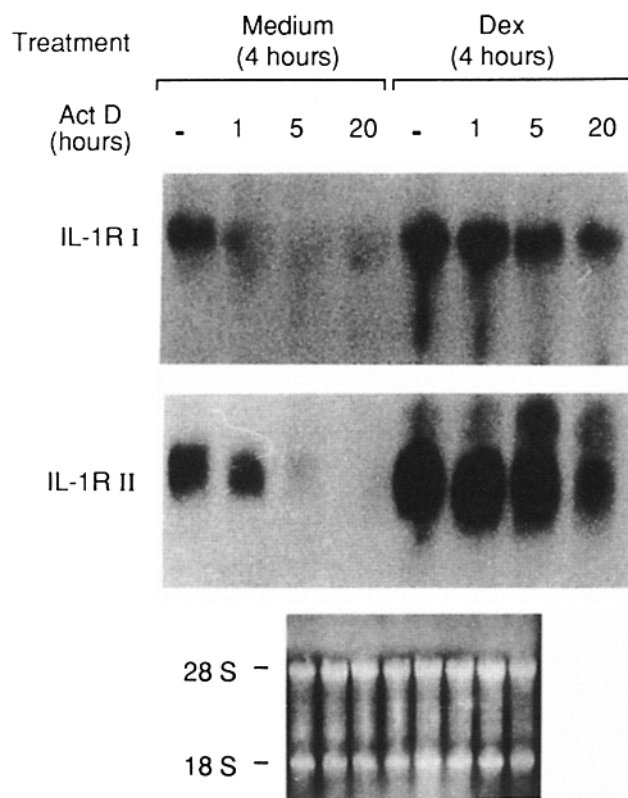


**Figure 1.** Induction of IL-1R I and IL-1R II transcripts in Dex-treated PMN. Cells were incubated with  $10^{-7}$  M Dex for 1, 5, and 18 h. Total RNA was extracted and analyzed by Northern blotting. The same membrane was hybridized, first with the IL-1R I probe, and then with the IL-1R II probe. The lower part of the figure shows the ethidium bromide-stained membrane. The membrane was exposed to autoradiography for 25 and 5 h for type I and type II transcripts, respectively.

**Different Mechanisms Are Involved in Induction of Type I and Type II IL-1R Expression.** Next we examined the mechanisms involved in the induction of IL-1R I and IL-1R II transcripts by Dex. Actinomycin D (ActD) completely abolished the augmented expression of both type I and type II transcripts induced by Dex (Fig. 2, representative of four donors), indicating that gene transcription is involved in this phenomenon. We encountered considerable difficulties in performing run-off analysis in human circulating PMN. In one experiment with the lymphoblastoid B cell line Raji, Dex induced augmented levels of type II IL-1R transcription (data not shown). When transcript stability was examined, the half-lives of type I and type II R transcripts in untreated cells



**Figure 2.** Effects of metabolic inhibitors on Dex-induced expression of IL-1R transcripts. PMN from two different donors, representative of four, were incubated with Dex ( $10^{-7}$  M), with or without ActD (1  $\mu\text{g}/\text{ml}$ ) or CH (10  $\mu\text{g}/\text{ml}$ ), for 4 h and then analyzed for IL-1R I and IL-1R II transcripts. Each membrane (bottom) was hybridized with both probes and exposed to autoradiography as detailed in Fig. 1.



**Figure 3.** Half-life of IL-1R transcripts in PMN untreated or treated with Dex. PMN were cultivated with or without Dex ( $10^{-7}$  M) for 4 h. Then ActD was added ( $1 \mu\text{g}/\text{ml}$ ) to block gene transcription and cells examined for IL-1R transcripts after various time points. The same membrane (bottom) was hybridized with both probes and exposed to autoradiography as detailed in Fig. 1.

were  $\sim 2$  and  $3$  h, respectively (Fig. 3, representative of three donors). Dex increased IL-1R transcript stability, prolonging the half-lives of type I and type II R to  $\sim 15$  and  $7$  h, respectively.

Thus, Dex affects the expression of IL-1R I and IL-1R II at transcriptional and posttranscriptional levels. However, different mechanisms seem to underlie the Dex-mediated induction of these transcripts since inhibition of protein synthesis by cycloheximide (CH) superinduced the Dex-augmented expression of type II IL-1R mRNA but completely inhibited the induction of type I IL-1R transcripts (Fig. 2, representative of four donors).

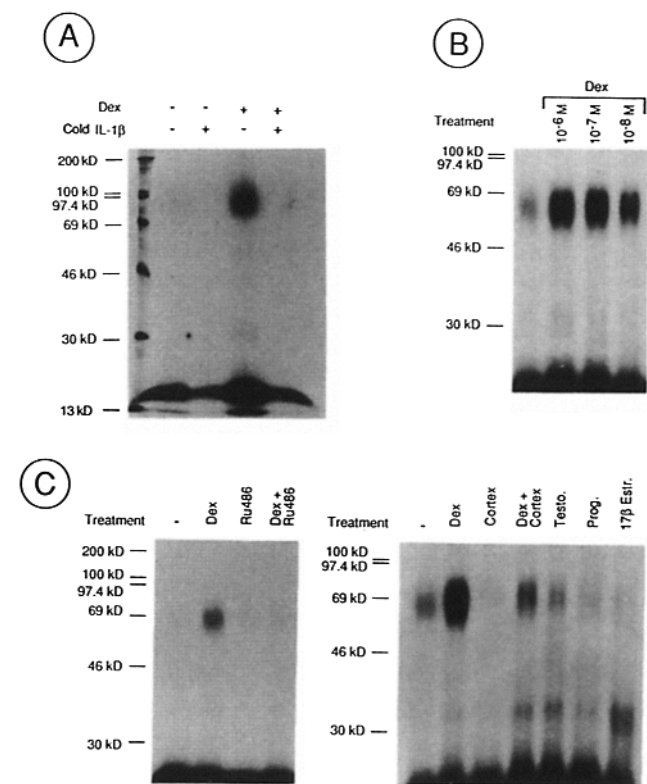
**Dex-induced Surface Expression and Release of IL-1R II.** As expected (11, 12), Dex caused a three- to sixfold increase in specific binding of IL- $1\beta$  to PMN, with unchanged  $K_d$  values (Table 1). Surface affinity cross-linking demonstrated an IL-1 receptor with a molecular mass consistent with the type II IL-1 binding protein ( $68$  kD) (Fig. 4 A illustrates a representative donor out of three tested).

Augmented surface expression of the type II IL-1R was associated with release of a soluble version of this IL-1 binding protein. Cross-linking revealed that the supernatants of Dex-treated PMN contained an IL-1-binding protein of apparent

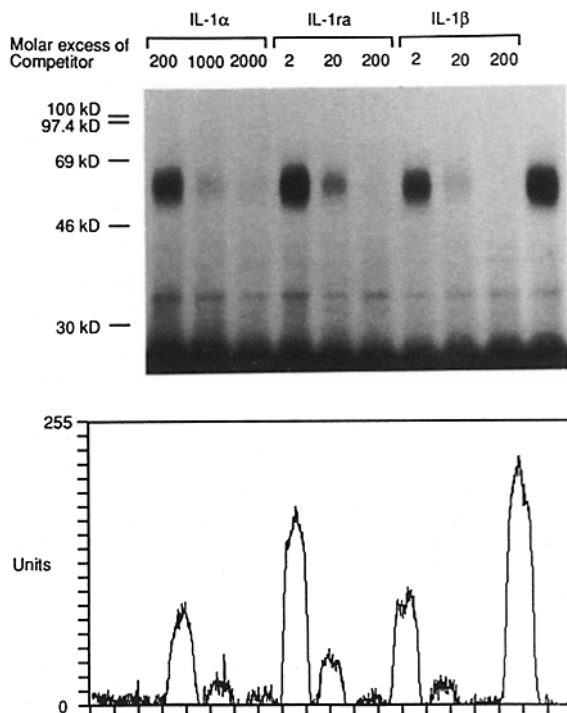
**Table 1.** Binding of Radiolabeled IL- $1\beta$  on the Surface of Dex-treated PMN

Exp.	Dex	$K_d$	Receptors/cell
		( $10^{-10}$ M)	
1	-	$5.98 \pm 0.7$	$111 \pm 17$
	+	$6.72 \pm 0.8$	$381 \pm 61$
2	-	$8.1 \pm 1.6$	$220 \pm 55$
	+	$7.9 \pm 1.5$	$854 \pm 154$
3	-	$7.5 \pm 1.1$	$124 \pm 31$
	+	$8.4 \pm 1.3$	$794 \pm 190$

PMN were purified from three donors and incubated with or without Dex ( $10^{-7}$  M) for 14 h. Cells were then incubated with various concentrations of radiolabeled IL- $1\beta$  (from  $1.2$  to  $0.05$  nM). Specific binding was obtained after subtraction of counts in the presence of  $200$  M excess of unlabeled IL- $1\beta$ .



**Figure 4.** Surface expression and release of IL-1R II from PMN treated with Dex, GC receptor antagonists, and other steroids. (A) Surface affinity cross-linking of radiolabeled IL- $1\beta$  to Dex ( $10^{-7}$  M, 14 h)-treated PMN. The first lane on the left shows molecular weight markers. (B) Affinity cross-linking of radiolabeled IL- $1\beta$  to conditioned supernatants of PMN treated with Dex at various concentrations. Cells were incubated for 14 h with Dex from  $10^{-6}$  to  $10^{-8}$  M. Conditioned media were then concentrated and incubated with radiolabeled IL- $1\beta$ . After treatment with DSS, cross-linked products were analyzed by SDS-PAGE under reducing conditions. (C) Affinity cross-linking radiolabeled IL- $1\beta$  to conditioned media of PMN treated for 14 h with the following steroid and steroid-receptor antagonist: Dex ( $10^{-7}$  M), RU 486 ( $10^{-6}$  M), cortisolone (cortex,  $10^{-5}$  M), progesterone ( $10^{-7}$  M), testosterone ( $10^{-7}$  M),  $17\beta$ -estradiol ( $10^{-7}$  M).



**Figure 5.** Competition with different concentrations of IL-1 $\beta$ , IL-1 $\alpha$ , and IL-1ra of affinity cross-linking of radiolabeled IL-1 $\beta$  to Dex-treated PMN-conditioned media. Cells were incubated for 14 h with Dex ( $10^{-7}$  M). The conditioned media were next concentrated and incubated with radiolabeled IL-1 $\beta$  and the different competitors at increasing molar excess (as indicated). After treatment with DSS, products were analyzed by SDS-PAGE under reducing conditions. The densitometric analysis of the autoradiographic film is illustrated below.

molecular weight of  $\sim 45$  kD (Fig. 4 B). This finding was confirmed in 10 different donors. Soluble IL-1 binding proteins of comparable size have been described in the supernatants from human mononuclear cells and from the B cell line Raji (25–27). Using mAbs, we recently established that the 45-kD IL-1 binding molecule released from PMN is a version of the type II IL-1R (23). Moreover, in preliminary experiments, Dex-induced release of the type II R as assessed

using a specific ELISA assay (six donors, increase from 2.3–3.75-fold). A toxic effect of  $10^{-6}$ – $10^{-8}$  M Dex can be ruled out, since neither LDH release nor cell viability (trypan blue dye exclusion) were affected by the treatment (data not shown).

The release of a soluble form of the type II IL-1 binding protein by Dex was mediated by the glucocorticoid receptor, as two different competitive analogs (cortisolone and RU 486) prevented the Dex-mediated release of this IL-1 binding protein from PMN (Fig. 4 C). RU 486 inhibited the induction of IL-1R II transcripts by Dex (not shown). Other steroids, including progesterone, 17- $\beta$ -estradiol, and testosterone, were ineffective (Fig. 4 C).

*Relative Affinities of the Soluble Type II Molecule to IL-1 $\alpha$ , IL-1 $\beta$ , and IL-1 Receptor Antagonist (IL-1ra).* Since the membrane form of the decoy receptor binds IL-1 $\alpha$ , IL-1 $\beta$ , and IL-1ra with different affinities (28–30), the binding properties of the corresponding soluble version were examined by competing the affinity cross-linking of radiolabeled IL-1 $\beta$  to the soluble IL-1R II with various concentrations of unlabeled IL-1 $\alpha$ , IL-1 $\beta$ , and IL-1ra. In a preliminary experiment, the competitive system used here was validated using recombinant soluble IL-1R I (data not shown). Although formal binding analysis requires the purified soluble protein, the densitometric analysis of cross-linked products was used to demonstrate that the concentrations of IL-1ra and IL-1 $\alpha$  capable of inhibiting binding of radiolabeled IL-1 $\beta$  by 50% were 2 and 100 times higher, respectively, compared with IL-1 $\beta$  (Fig. 5).

*Concluding Remarks.* GC have a wide range of effects on various components of immune and inflammatory responses. The precise mechanisms underlying the immunosuppressive and anti-inflammatory activities of GC have not been completely defined. GC have been shown to inhibit the synthesis of a series of cytokines involved in the regulation of inflammatory reactions, including IL-1 (2–9). The finding that GC, a major class of immunosuppressive and anti-inflammatory agents, induce expression and release of the type II IL-1 binding molecule is consistent with the hypothesis that this molecule, perhaps inappropriately called a receptor, may indeed serve as a decoy target for IL-1 (23).

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